



Pałac i Folwark GALINY
www.palac-galiny.pl



Equestrian Glossary

Rising Trot - rhythmic rise in time to the movements of the horse during the trot.

Breeches/ Jodhpurs - riding pants, closely fitted to the body

Cavaletti – are small jumps, originally made of wood, used for basic horse training

Saddle Pad/ Numnah – padded fabric (sometimes shaped) inserted under the saddle. These are usually used to absorb sweat, cushion the saddle, and protect the horse's back

Rider Position/Seat - the way in which the rider sits on the horse, according to his experience and type of riding they are doing. Rider position is the most important thing in horse riding.

Rosette – a rose-shaped decoration with ribbons, awarded following riding competitions and traditionally pinned to the horse's bridle.

Gallop Stride – the stride or pace of a galloping horse, length approx. 3-4m

Gallop - the fastest natural horse gait. Like the canter, there is a moment during a gallop when all four hooves of the horse are off the ground.

Trot – a diagonal, two-beat, intermediate-speed horse gait

Lunge - to work or train a horse at the end of a long rope or flat line (typically about 30 feet (9.1 m) in length), teaching it to obey voice commands and exhibit good ground manners, and to exercise it when not ridden (for reasons of youth, age, infirmity, trainer desire, etc.)

Riding hall – riding area

Bridle – the headpiece worn by a horse when being ridden, including the cheek pieces, noseband, browband, bit, throat lash and reins.

Paddock - a large enclosure to hold a horse

Jumping Arena - square where competitions in jumping are held

Rider Aids - signals which the rider gives to the horse to ask for something. We distinguish between natural aids (such as use of weight, legs and voice) and artificial aids such as spurs or a whip.

Girth - wide, flat strap made of leather, canvas, cord, or similar synthetic materials, used in conjunction with billets at each end to secure most types of saddle to a horse's back



Pałac i Folwark GALINY
www.palac-galiny.pl



Stirrups - paired small light frames or rings for receiving the foot of a rider, attached to the saddle by a strap, called a *stirrup leather*

Paddock boots – ankle-height riding boots, usually leather, with a smooth sole and small heel

Chaps – these are worn over short shorts to protect the calves/lower legs of the rider. They are often made of leather with a zip up the side or back.

Lead rope - strap or cord, ending with a metal clasp which attaches to the horse's headcollar or bridle. It is used to guide a horse.